

April 22 - April 26

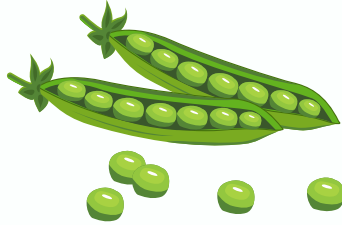
2024

UPPER SCHOOL

ALL MEALS INCLUDE HOT SOUP, SALAD BAR, SEASONAL FRUIT, PIZZA & DESSERT

Produce of the Month:

Peas



Did you know one of Thomas Jefferson's favorite vegetables was the English Pea? He planted more than 30 varieties in his garden at Monticello. Try snap peas, green peas or snow peas this month.

Gluten Free Options Upon Request 

Vegetarian 

Produce of the Month 

22	Monday	23	Tuesday	24	Wednesday	25	Thursday	26	Friday
	CHEF'S GRILL Teriyaki Chicken Steamed Basmati Rice Sautéed Bok Choy	CHEF'S GRILL Meatball Piccata Egg Noodles Vegetable Medley	CHEF'S GRILL  Southwest Chicken Drumsticks Scalloped Potatoes Roasted Corn Medley	CHEF'S GRILL  Traditional Beef Goulash Couscous Dinner Rolls	CHEF'S GRILL  Tuscan Spareribs with Balsamic Glaze Mac and Cheese Sautéed Zucchini				
	VEGGIE CAFE Broccoli Cheddar Bread Pudding Baba Ganoush with Crisp Vegetables	VEGGIE CAFE Southern Tomato Pie Crispy Smashed Brussel Sprouts	VEGGIE CAFE  Vegan Cajun Boil Fishless Fish with Cajun Remoulade	VEGGIE CAFE  Lemongrass Tofu Edamame Fried Rice	VEGGIE CAFE  White Bean Scampi with Rice Pilaf Veggie Hot Dog				
	BISTRO GARDEN <i>DELI BAR EVERYDAY!</i> Thai Inspired Coconut White Fish	BISTRO GARDEN  Birria Beef Stew	BISTRO GARDEN  Honey Garlic Pork	BISTRO GARDEN  Chicken Scarpariellio	BISTRO GARDEN General Tso's Turkey				
	MEXICAN FIESTA  Beef Enchiladas Cheese Enchiladas	MEXICAN FIESTA  Pork Adobo Vegan Soyrito Chili	MEXICAN FIESTA  Chimichurri Lamb Tacos Falafel Tacos	MEXICAN FIESTA  Chorizo and Potato Pambazo Vegetarian Chimichangas	MEXICAN FIESTA  Southwest Caesar Salad Bowl with Chicken or Tofu				
	CHOWDA HOUSE Crispy Calamari with Lemon Basil Aioli	CHOWDA HOUSE Ahi Poke	CHOWDA HOUSE Sour Cream and Onion Fish	CHOWDA HOUSE Tom Kha Goong	CHOWDA HOUSE Halibut al Pastor Taco				
	BURGERLAND  <i>VEGGIE BURGER EVERYDAY!</i> Basil Bruschetta Turkey Burger	BURGERLAND  Macaroni and Cheese Burger	BURGERLAND  Chicken Florentine Panini	BURGERLAND  Honey Buffalo Sub	BURGERLAND  Chef's Choice				
	TASTE OF ITALY  Lemony Calabrian Chili Pasta	TASTE OF ITALY  Zucchini and Eggplant Puttanesca	TASTE OF ITALY  Creamy BLT Pasta	TASTE OF ITALY  Cajun Tomato Sauce	TASTE OF ITALY  Assorted Cheesy Italian Bites				